

Wisdom Keeper

My Extraordinary Journey
to Unlock the Sacred Within



C H L O E K E M P

Psychic dreams and visions, remembering past lives, and becoming an intuitive shamanic healer—this is the story of an ordinary woman’s extraordinary spiritual journey. With raw honesty, Chloe shares her story of awakening to her Divine purpose, healing herself and her journey to heal others. *WISDOM KEEPER* reveals the Divine pathway to a more peaceful, happy, fulfilled, and healthy life.

“Chloe’s heartfelt journey is the real deal here to inspire us all. She takes the reader on a journey of darkness to light, struggle to freedom, fear to love. A must-read for all who want true transformation.”—**Dr. Shannon South, Award-Winning Therapist, Best-Selling Author, and Founder of the Ignite Your Life and business programs**

Every experience written by Chloe in her spiritual memoir has a healing purpose. She shares processes for healing in the physical, emotional and spiritual realms. Chloe reminds us we are essential in the Universe; when we heal, our loved ones, people around us, and the Earth also heal. This book is truly for everyone.” —**Eduardo Morales, Shamanic Curandero, Tepozotlán Morelos, Mexico**

“WISDOM KEEPER is filled with wonderful personal experiences on the power of healing, visualizations, dreams, and listening to our inner voices. Chloe Kemp describes encounters with others on a multitude of levels, including sacred beings, shamans, and other deep-souled humans. Chloe inspires the reader to go deep within themselves and invite their own personal self-healer to emerge.”—**River Guerguerian, Sound Immersion Healer, Musician, Composer, and Educator**



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Chapter 12

Spring 2018: Unexpected Health Crisis

After returning from Ecuador, I found something bright red, like blood, in my toilet bowl. Assuming something I had eaten was causing it, I decided not to worry. Every few weeks, it would happen again. One day, I also found small pieces of body tissue. I accepted it was vaginal bleeding, not something an older woman should be experiencing.

The next day, my doctor did a Pap smear and ordered a vaginal ultrasound. The day after the ultrasound, I met with the gynecologist. What he said shocked me.

“Based on your symptoms, medical history, and test results, I am concerned you have both uterine and ovarian cancer. I want to schedule several surgical procedures. You will need to agree to let me take out whatever I don’t think looks good.”

He did not like my response.

“I will agree to surgery, but I need some time to prepare. However, I will not let you take anything out until we have had a detailed conversation and biopsy results after the surgery.”

The doctor agreed to give me three weeks and reiterated that he needed me to agree he could remove what he thought was necessary.

I made it a priority to stay calm and centered and not let fear dictate my options. After receiving the doctor’s news, I met with a friend to help me put together a healing plan. When I blurted something out, like I was channeling, it surprised both of us.

I said, “The cancer has something to do with Roberto, the Ecuadorian shaman, my son, and my womb.”

Since Roberto and my son never met in this lifetime, it made sense that I needed a past life regression. In the past, I had several past life regressions that focused on a past life in ancient Egypt. I already knew Roberto was in that lifetime, so I prepared to revisit it.

During the energetic healing sessions I performed with people I recognized from that Egyptian lifetime, I had pieced together what happened. The Wise Ones’ leaders sent a delegation to Egypt to bring the Yin Yang healing. We were all extremely powerful beings. It didn’t take long for the Egyptian leaders to demand that we use our power for nefarious purposes.

The Egyptian leaders became agitated each time we refused their demands. We were much more powerful than them; they could never take full control if they didn’t get inside help. None of us realized they bribed some Wise Ones to turn on the rest of the group.

They planned an attack to kill all of us. To prevent us from warning the others telepathically, it had to be simultaneous.

Everyone's past life memories about this life are the same. Like the first woman I worked on, they killed many in the temple. A few escaped. They were the ones who had the recurring dreams of being chased, and running and hiding in caves and tunnels in Egypt.

The first time I heard about the dream was in 2010. A group of us sat at my dining room table. One woman told us about a recurring dream she has had since childhood. Another woman began crying at the table.

"Are you okay?" I asked.

"I have experienced that identical dream since I was a child," she responded.

Imagine my surprise when, years later, Roberto, the Ecuadorian shaman, told me he had a recurring dream about Egypt since his childhood. It was a little mind-blowing to hear him describe the dream. Even though he only speaks Spanish and grew up in a completely different environment, he used the same words everyone used to describe what happened in their dreams about Egypt. After hearing this same dream from many people, I started calling them the "runners."

Although I lived in that ancient Egyptian lifetime, I had not yet remembered what happened to me. I realized I wasn't a runner since I did not have any of the dreams of running and hiding in tunnels and caves.

I always trusted I would remember what happened to me in Egypt at the right time. Still, it was a bit nerve-racking to go into this past life regression to deal with the uterine and ovarian

cancer. As John began the regression, I prayed for strength to face whatever the session revealed.

The first thing I saw and felt was being stabbed in the belly. I was in the temple, lying down, eyes closed, in deep meditation.

“Oh, my God! I am pregnant. They are killing both me and my baby.”

“Who is the father of your baby?” John asked.

Sobbing, I was having difficulty speaking.

“It is Roberto’s baby. Why didn’t he come back to find us? I need to understand why Roberto ran instead of looking for me.”

As John guided me, I observed some members of our group outside working in the fields. In a split second, the Egyptian warriors came running toward them with their swords ready for battle. The Wise Ones started running as fast as they could to enter the caves. Without the ability to transmit and receive telepathic messages, they did not realize others were being murdered.

John’s next question challenged me even more.

“Who is stabbing you?”

I took a glance and responded, “I don’t recognize who it is.”

“Look closer. You need to identify who is murdering you.”

“I can’t.”

“Gaze into their eyes. You know who it is. Don’t be afraid. I am here with you.”

It made sense that John encouraged me to peer into their eyes. To hold an intentional gaze into someone’s eyes is one of the quickest ways to connect with another being’s soul energy.

I looked into the eyes of my killer and asked my Spirit Guides to reveal their identity. As soon as they did, my body fell into complete stress overload. With a racing heart, my breathing quickened and became shallow, and my entire body tensed up.

I gasped. Even though this person didn't seem familiar, with the help of my Spirit Guides, I realized I have known them from many other lives.

"Oh, my God. It is my son. He is killing my baby and me. He betrayed us. Why didn't I realize this would happen? It was my responsibility to take care of the group. How could I have not known?"

John's next request overwhelmed me.

"You need to forgive your son and Roberto."

"I can't. This is too much. I am not sure I can move past the betrayal!"

"Chloe, I understand. But the only way to free yourself is to forgive them."

Still struggling with forgiving my son and Roberto, John guided me through a forgiveness process. First, he had me take slow, deep breaths. Then he asked me to repeat after him.

"Roberto, I forgive you for not coming back to rescue us. I now realize you didn't know we were in danger. I forgive you for running away."

After I gave my forgiveness to Roberto, John asked me to take more deep breaths.

"Breathe in the energy of forgiveness. Breathe out your hurt, anger, and disappointment."

We did the same process for my son. John told me to repeat after him.

“I forgive you for betraying the Wise Ones. I forgive you for killing me and my baby in Egypt.”

Distraught, I told John, “I’m sorry. I don’t think I can forgive him for the murders.”

“Chloe, the forgiveness process is for you. Until you can forgive your son, that event will stay stuck in your body and mind. I understand how difficult this is to do. By forgiving him, you are not saying that the murders and other betrayals were okay. It’s a way for you to let go of what happened, so we can clear your energy, and you can move on.”

As I took a deep breath, I repeated, “I forgive you for betraying the Wise Ones. I forgive you for killing my baby and me in Egypt.”

Then, John had me do more deep breathing until I felt no more emotional charge about what my son and Roberto had done in Egypt. John finished our session with a powerful Reiki attunement.

Sound immersion healing

River Guerguerian has always been one of my favorite healers. This healing session was extraordinary. When I first arrived at his studio, he showed me his new drum. The sound was exquisite. It took me to a profoundly sacred place.

Because of my traveling, it had been a while since I had seen River.

“I don’t do many sound immersion healings anymore,” River shared with me.

“Why? You are such a gifted and amazing sound healer. Why would you stop?”

“I am tired of the people who come to me and aren’t willing to do their work. Or, the ones who are afraid to surrender to the process, so they don’t receive the full benefit of the experience.”

“I understand. I have experienced the same challenge. If a person comes to me for several sessions, and I can tell they have not been doing their work, I will tell them I can’t work on them anymore. We are not ‘fixers’—alternative healing is a team effort.”

“Chloe, I love doing sound immersions with you. You are not afraid to go deep. When you completely surrender, it enhances the experience for me as well.”

As always, it was a great sound healing.

For at least thirty minutes after the sound immersion, River seemed to hear my questions before I asked them out loud. Without trying, I was communicating with him telepathically. In my mind, I would think about a question, which he would immediately answer out loud. I had long suspected that River was a Wise One, so it made sense to me I could communicate with him in this way.

River told me he saw cancer in my body.

He explained, “The good news is that right now, it is small. You still have time to get rid of it.”

River added, “If there is anything else you need me to do, just let me know.”

Shamanic bodywork

I had never met Michael Brasunas, a gentle angelic soul who does sacred shamanic bodywork and energetic healing. Thank goodness I honored my intuition and saw him. His hands became so hot I thought I might have burn marks on my belly. It was like he was incinerating cancer from my body. Then he began making kneading movements on my belly as if to seal the work he had just done. Michael finished everything with long, sweeping movements from the top of my head to the bottoms of my feet to clear any residual cancer or negative energy.

Afterward, he agreed with my perception of what he had done during the session.

Holistic transpersonal session

I love having sessions with Shannon South. It is such a beautiful and powerful spiritual process. I am always amazed how much we can resolve in one hour.

Several healers told me I needed to speak my truth more authentically. It didn't surprise me when this session with Shannon revealed that me getting sick was my body trying to get my attention about honoring my truth, and being willing to share my authentic self. Trust me, when a doctor thinks you may have two types of cancer, you pay attention!

Shannon's process helps you dig deep to uncover the core. Once you find the core issue and talk about it, she invites you to release it by first describing how it looks. Mine looked like sticky black tar. Then she asks you to tell her what it looks like after letting it go from your body. It had transformed the once sticky black tar into a hardened, calcified piece of black lava stone.

I also see images that symbolize the core issue. I saw a yin-yang symbol inside a heart. For me, this represented finding balance and harmony, integrating the masculine and feminine, and a reminder that I have the Yin Yang healing from the Wise Ones' dimension inside of me. I made a pillow with a heart and yin-yang symbol as part of my healing process.

Psychic healer

Bob confirmed what I had already been told—this cancer scare was about me needing to be more authentic. He helped me understand that when I withhold my true thoughts and feelings, it blocks me from being my authentic self. He warned me that if I didn't embrace my true self, I would create an illness in my throat.

His prediction of a potential throat issue caught my attention. I remembered a Reiki session I received in Ecuador from an Italian woman. The entire time she was working on my throat chakra, I thought I was going to throw up. As soon as she moved to a different chakra, the nausea disappeared. After our session, she asked me to think about what I was having difficulty saying. Later, I met with a sound healer from Chile. She also noticed the same issues with my throat chakra and asked me what I was afraid to see and say.

Second sound immersion session

With the surgery date fast approaching, I felt like I needed another session with River. I told him I wanted the entire session with only his new drum. My Spirit Guides suggested instead of

lying down that I needed to be standing so that the drum vibration would reach both sides of my body.

I stood in the middle of the room as River walked around me playing the drum. After he began, Divine tears rolled down my cheeks. It transported me to the Wise Ones' dimension. With an overwhelming sense of knowing, I saw that when we were preparing to go into a spiritual battle, we would form a circle. One at a time, we would stand in the middle of the circle while River drummed around us. The vibrations of the drumming would clear and strengthen us.

I noticed a shift in River after this powerful drumming session. He seemed more open to the possibility that he was from the Wise Ones' dimensions.

"Have you ever done any research about the Wise Ones? Has anyone else written about it?"

I responded, "No, I haven't. But that sounds like a good idea. I will let you know what I find."

When I left River, I was still in an altered state. The friend I met for lunch noticed and asked me about my session. When I mentioned the Wise Ones and Egypt, her face turned pale and she started crying.

"What's wrong? Are you okay?" I asked.

In a whisper, she responded, "I never told anyone about my life in Egypt." As she continued to cry, she told me what she remembered.

"I was there. I saw everything. Before anyone could kill me, they scooped me up and took me to another dimension."

It stunned me. "Was anyone else taken?"

She replied, “No. I was the only one. I was pregnant, and they wanted to save the baby.”

Now my tears came. “I was also pregnant. The Wise Ones must have grabbed you when they realized the traitors had murdered my baby and me.”

Although I had known this woman for over a year, we had never talked much about spiritual matters. What a surprise to find out she was in Egypt and survived the massacre. I understand why she had told no one about this experience. It was so traumatic that most of us had blocked out that lifetime.

Last step: creating a sacred space in the hospital

After three weeks of intensive healing sessions, I knew I needed to continue the spiritual healing work during the hospital stay for the surgical procedures. There are no hard rules about how to create a sacred space. Similar to creating an altar, choose items that serve as visual and energetic reminders of what is important to you spiritually.

The yin yang heart pillow I made was a priority. I kept it on my belly until they rolled me into the operating room. I put crystals from home on my heart, solar plexus, sacral, and root chakras.

My curated list of sacred music brought me comfort and helped me to stay calm and grounded. The music included the channeled Wise Ones’ sound immersion session *River and I* did in 2013, “Journey Through the Chakras” by Ivan Martín Garcia, “Heart of Healing” by Karen Drucker, and “Rhythms of the Chakras” by Glen Velez. I listened to the music during the pre-op, surgery, and while I was in the recovery room.

I also took a beautiful phoenix card with me. When I had run into a friend a few days before the surgery, she channeled this message:

“Chloe, you are going to be fine. You are always the phoenix rising.”

The card, a brightly colored drawing in hues of red, orange, yellow, and gold, depicted the Greek mythical bird creature, the phoenix. As the phoenix rises from the fire’s ashes in its bird nest, it represents rebirth, transformation, and renewal. The phoenix brings a call to let go of what no longer serves you, to embrace a more enlightened life path. The caption on the card summed up everything I had been working on:

“Choose Transformation and the Passion for Living Will Rise from What You Let Go.”

My friend who waited with me until I went into surgery continued to read this message out loud until they rolled me into the operating room.

I have had surgeries in the past; never had I been this calm, peaceful, and grounded. We created such a powerful sacred space that when the hospital staff came in, their demeanor changed. As soon as the surgeon walked into the sacred space, he apologized.

“I am sorry for not listening to you and your wishes. I should have been more compassionate, receptive, and understanding. You offered to have a second surgery if it was necessary. It wasn’t right of me to keep insisting that you had to permit me to remove anything today. I hope you can accept my apology.”

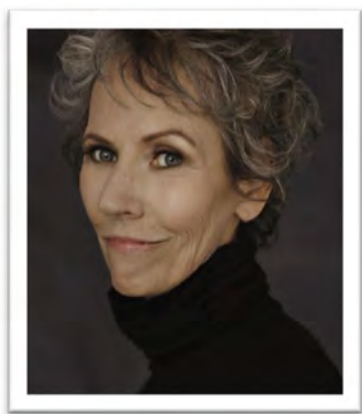
Then, right before I was going into surgery, the anesthesiologist returned. She reversed her initial decision to give me traditional anesthesia since I experience a great deal of nausea and vomiting with it. Rather than trying to counter it with anti-nausea medicine, she switched to a different anesthesia. She gave me an injection, and then they started rolling my gurney. The last thing I remember was seeing a glimpse of the Soul Body of Roberto, the Ecuadorian shaman, as he passed silently through the halls.

Good news

My follow-up appointment was a few days later. It surprised the doctor that everything looked good during the surgery. However, as a precaution, he did a cancer rinse to check if cancer cells were in the peritoneal cavity. The biopsies and cells from the cancer rinse were negative.

Happy with all the healing work I did before the surgery, it wasn't surprising to me that the doctor gave me good news. The entire three weeks I had all the alternative healing work done, I focused on the lessons coming up during the healings rather than going down a path full of fear of having cancer. Except for the initial shock of hearing my doctor tell me he thought I had two kinds of cancer, I had very few moments thinking about whether I had cancer, and how that might affect my life.

About The Author



Chloe's extraordinary journey is filled with visions, lucid and prophetic dreams, parallel universes, collective dreaming and knowledge of past lives. She healed from deeply embedded trauma, an incurable illness, and serious medical conditions. Chloe shares major spiritual experiences she has had in

Athens, Greece; Crete; Paris, France; Mexico; Ecuador; Egypt; and Asheville, NC. Chloe has performed intuitive energetic shamanic healing and mediumship sessions in the U.S., Mexico and Ecuador.

Chloe is an award-winning writer, creative director, multimedia artist, and former editor-in-chief and publisher of an award-winning magazine. She is now a Wisdom Keeper who can foresee and interpret Divine truth. Her connections with Spirit Guides in other dimensions bring cosmic knowledge to her ancient wisdom.

Chloe's psychic abilities include:

- **clairvoyance** – sees beyond ordinary perception
- **clairaudience** – hears messages from the spirit world
- **prophecy** – perceives future events
- **remote viewing** – connects and heals from a distance
- **telepathy** – sends and receives thoughts via extrasensory energy
- **clairsentience** – uses strong intuition that gives information and warnings from the spirit world.

“The intense healing I received from Chloe helped to open me up to past life traumas and grief and to clear karma so that my current life can progress without continuing to carry burdens from the past. I feel lighter and free to better continue this life’s journey as a Lightworker. I felt surrounded by a healing golden light. In the days and nights after, I experienced vivid dreams and visions that helped to process past grief and prepare me for the work that is to come. I highly recommend this healing experience for anyone — especially all Lightworkers, Star Seeds and Indigos.”

—**C. P., Registered Nurse**

“Thank you, Chloe, for the healing session. I definitely felt a shift during and after our session and there’s no doubt it had something to do with the positive results I received at my doctor’s appointment. You are a true healer. Every little touch — from the music, crystals, rattle, feather, and even the cards for affirmations afterwards — created such a safe and sacred place for me. You are a beacon of light and love. I always feel blessed to be in your presence; you continually remind me of the Divine.”

— **K. M.**

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