

AllBooks Review

by Donetta Garman

Genre: Auto-Biography

Title: **Web of Lies – My Life with a Narcissist**

Author: Sarah Tate

Author Sarah Tate has written a compelling auto-biography of ten years of her life. As the book opens, we see Sarah being wooed by her “soul mate”, Bill. She says, “He repeatedly told me that I was his ‘soul mate’, the woman he’d been waiting his entire life to meet. Nobody he’d been with before could ever compare to me. I was the one, and he wanted to be with me for the rest of his life.”

A life of luxury and adventure follows until bit by bit we see their life together began to unravel. The reader takes the role of an outsider looking in. I literally wanted to reach through the pages of the book, take Sarah by the shoulders and shake her! The book at this point is so hard to put down because you want to know what will happen next.

Little by little Bill’s continuous narcissistic behavior begins to snuff out life as they know it and the love they once shared, yet Sarah, sweet Sarah, tries to make everything work out. She is determined to not end up like Bill’s second wife Sofia, who committed suicide to escape.

An added element to the book is that Sarah has three children with Bill and we see her struggle to do what is best for them throughout the book.

The comments in the book by psychologist, Dr. David Holmes, were very enlightening and very appropriate for the book. After reading his remarks, I went back through the book and reread some of Bill’s behavior that showcased his narcissistic tendencies.

I commend Sarah Tate for sharing her experience with us and I encourage her to continue writing. Her honest and straight forward approach make for an engrossing read.

I **recommend** *Web of Lies – My Life with a Narcissist* for a good, entertaining read.

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Web of Lies

Author: Sarah Tate

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