

CHAPTER I

THE MAGICAL MIRROR REFLECTS ITS CREATION IN AN IMAGINATIVE EXPLOSION OF LOVE

And in the beginning only darkness existed, but in its dream it saw, within its Magical Mirror or primordial mind, all of the possibilities of its reflecting creation, and an enormous explosion awoke it, and upon opening its eyes it saw its image in the mirror and was no longer alone.

Where does the universe come from? In an initial unconscious state, seemingly bereft of all attributes and characteristics, similar to the Chinese Tao or Buddhist emptiness, the first dual manifestation of visible light, or Yang, and darkness, or Yin, spontaneously arises. From then on, all potential color hues of images in the universe shall manifest in infinite combinations, like in a rainbow. It's similar to the spontaneous formation of a matrix which is infinitely interwoven by hierarchical lineages, which, as they descend, become less pure and denser as they come to be further away from their origins.

This multidimensional matrix is what composes the web of our self-awareness, which we could scientifically compare to our spiritual DNA heritage. Finally, the

universe could be considered as a never-ending continuity of infinite cycles of evolution and involution, like day and night, where light and darkness are in a range of hues that shift from the extremes of light and darkness. The forces that sustain the matrix in its quantum entanglement of love are both the centrifugal nature, or Yang- separates, rejects, sows, and the centripetal one, or Yin- joins, attracts, harvests. See gloshe Big Bang of love, there is an expansion phase, but it includes the Yin or centripetal phase which, in its supreme manifestation , will end by gathering light in a great black hole from which another universal expansion cycle will be born . The centrifugal force , or Yang , aims to help the Warriors of Light to discover all of the treasures hidden in the shadows of creation , in the reflection of the Magical Mirror.

From this Big Bang moment , the self begins its infinite voyage of discovery in the immensity of its Magical Mirror, or primordial mind, from which the Warrior of Light, or transcendental mind, and the Warrior of Shadows or relative mind are born, who shall face off in the battles of the vast school of life , or the universe . During that mental navigation among the dimensions , the Warrior , as his mirror gets fogged up by his emotional experiences or scars , begins to lose memories of his point of departure , his home . He becomes an aimless wanderer , and loneliness leads him sary.

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to the dark world of emotions. This process makes us feel like wandering travelers, abandoned in time. We will see that experience and its consequences in detail in another chapter.

Wandering Travelers in Time

We must understand the real purpose of our universal voyage, which is a multidimensional journey of inner discovery towards the most remote locations of our self, where the primordial mind or Magical Mirror turns into a time-traveling machine, and where our memory or the tour is the only map that assures us our way back. The interdimensional traveler of light must remember the mission: to convey the navigational coordinates to other wandering travelers, who have become lost in their journey and have forgotten their way back. *Never forget that the beginning was like a tourist trip without a point of departure, with no pre-programmed stops and without a final destination.*

More than a trip, it resembles an expedition to explore new universes, where the traveler, as if he were in an improvised comedy, chooses his stops or jokes with his free will as he best thinks them up and the audience applauds.

We are all “Mongrels.”

The experience of sharing the trip with other travelers differs from the initial purity that we saw reflected in our mirror-mind when we find the divergent images

reflected in other travelers' mirrors. Then, we travelers turn into "mongrels," bearing a progressively changing mental mix of our original "purebred" lineage. *Remember this, since we shall need it for our return trip.* This process is completed when the time traveler arrives at the third dimension, where time, space, matter, the rational mind, contrasting opposites, the human biological organism and its five senses appear for the first time.

It's within the reflection of this dimension's mirror that the Warrior starts to confront the shadows that will lead him to the battlefield and, for the first time, towards fear and suffering. This is where free will gets complicated, facing all of the tempting options that our mirror reflects when confronting the emotions that influence its decision. And it's in this experience that the law of love, or cause and effect, transforms into the law of karma, to help the Warrior correct the mistakes that led him to battle and suffering.

The Smudges in the Mirror: The Origins of the State of War

We could compare the primordial mind that originates the universe as we know it with a Magical Mirror that reflects the image that the observer has created with his subjective experience during his multidimensional journey. The purity of the reflection will be influenced by the glass' transparency and by the observer's clarity of vision. Our negative subjective experiences could cloud the mirror with the smudges from our fingerprints,

muddied by our emotions. It would then seem that the mind could create both paradises as well as infernos in our Magical Mirror, depending on the experiences of our journey in the battlefield.

The first harbingers that a great battle was nearing happened when the Warrior of Light started clouding the surface of his mirror-mind with the perception of apparently having a separate existence from his surrounding universe, and not being a part of it, and he started confusing his shadow with his mirror's actual image. The Warrior's cognitive process in his journey worsened his spiritual nearsightedness, to the point that the image in his mirror resembled his shadow, and here he manifests the Warrior of Shadows, his future archenemy.

We must understand that all of the attributes that the Warrior begins to recognize in his mirror were inherent in the primordial mind from the beginning, as Plato and the Buddha stated: "Knowing is remembering what we already have forgotten." They appeared in its dual manifestation of light and shadows after the Big Bang, when the Warrior of Light recognized them.

This holographic symbiosis is the climax of the multidimensional voyage whence both Warriors, love (light) and knowledge (shadows) unite and beget the Star of Peace: comprehension, Christ, Buddha. It's the Warrior of Light within the Warrior of Shadows.

What are the Attributes of those Two Natures: Light and Shadows?

Let's see them summarized in the attached table.

The Primordial Mind, the Transcendental Mind, or Antimatter, and the Relative Mind, or Matter.

You should review the concepts of the antimatter universe and the material universe in my first books, and understand that the anti material arises from the material, though science does not know how this happens. The battles between the Warriors of Light and the Warriors of Shadows only take place in the three dimensions of the material universe, and that is the process that we shall be referencing.

Relative or Material Mind	Transcendental or Anti-material Mind
The self as a Warrior of Shadows Perceivable-Definite Space-Time	The self as a Warrior of Light Imperceptible-Relative Without Time-Space

<p>It's deterministic: It's born and dies in the dimension of space and time. It has fear and cowardice</p>	<p>It's probabilistic: Nothing is impossible in this state. Death is a change of manifestation from matter to energy. It's immensely courageous and makes sacrifices for his brothers in battle.</p>
<p>It's reductionist: The parts of this universe seem to act independently from others with individualism and selfishness. Every event has an external cause which precedes it. It always seeks to blame others for its defeats in battle.</p>	<p>It's holistic: ☺ The universe is a unified holographic whole, whose parts instantaneously interact with one another. Every event in its components impacts all other parts interdependently. It shares the responsibility of everything that happens on the battlefield, does not believe in guilt.</p>

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<p>The observer sees the universe as something outside himself and does not feel a part of it. The reality is external and independent of the observer. During the battle, he only cares about his life.</p>	<p>The observer is an interdependent part of his universe, he is a microcosm of his macrocosm, and maintains a holographic relationship with the whole. The universe surrounding him can be changed with his thought intent. He never leaves his companions' flanks unprotected, and never abandons the wounded or dead in battle.</p>
<p>It's based on the knowledge of "absolute truths or laws."</p> <p>Time is absolute everywhere in the universe.</p> <p>The universe is tridimensional. He does not know when to accept defeat and seek peace</p>	<p>It's based on the knowledge of a universe that changes continually in infinite cycles with "tendencies to exist" or "tendencies to happen."</p> <p>Time does not exist. The universe is multidimensional. He can recognize defeat as an experience to start over and forgive without avenging.</p>

The more destinations he travels to on his mind/time machine and the longer the Warrior of Light's journey becomes, more memories of our origins are clouded, as does its initial purpose. Free will is born from experiences in the traveled paths.

Free Will would Seem to Be like a Frequent Flyer Coupon with Unlimited Mileage

This coupon allows us to change our bearing indiscriminately, with the only inconvenience being that it does not include living expenses. This means that we will have to work or learn in each destination to find enjoyment and to leave for the next destination.

Each new dimensional destination you arrive at on your time machine represents a horizon of new, contrasting knowledge that activates the process of choosing the new bearing, enabling free will as a learning tool. Some of these paths turn out to be more agreeable, pleasant or faster than others, and the Warrior labels them on his map for future reference.

We must recall that each new path and the creation of emotional experiences leads him further away from the light, and fogs up his mind's mirror even more. This makes his shadow seem more prominent in the mirror's reflection, where the ratio of the manifestation of the Warrior of Shadows' characteristics increases as the Warrior of Light's decreases as he progresses in his downward dimensional voyage.

One day, drawn like Ulysses by his sirens' song, the Warrior discovers the realm of shadows or the battlefield of suffering and pleasure, which is the material universe of space-time where he will meet his archenemy, the Warrior of Shadows. Here our Warrior begins an interminable series of battles where he receives and inflicts endless wounds.

The Ego: The Witch from the Hansel and Gretel Fairytale

The problem is that, same as with Ulysses in his journey, the tempting song of the emotions is similar to that of the sirens in the fable, and it is the principal cause for the creation of the ego and his firstborn, selfishness, with all of its concomitant features (see the definition for both). It implies that, as we delve into the worlds of tridimensional time, the coordinates of the places visited and those of our origins are erased even more.

This is what happened in the Hansel and Gretel fairytale, when the breadcrumbs' map was eaten by the birds, because the witch charms the birds to obstruct the way back to our home, tempting us with the candy house of the material world to trap us in the light's shadows.

This is the way in which the Warrior of Light starts sinking into the shadows, as the light's reflection in his Magical Mirror clouds up. This will advance to the point when all he will see in his mind's mirror are Warriors or Shadows, even in his image. At that moment the Warrior

has forgotten his luminous origins and the purpose of his voyage.

As within, without. Our worst enemy is created in the mirror of our mind by our negative emotions, and that is us!

The Warrior of Shadows and the emotions that imprison him in this universe help him erase all memories of the coordinates he saved in his time machine to be able to return to his origins.

The Origin of Emotions

Emotions arise from the Warrior of Light's subjective interpretation of contrasting experiences during his journeys in his time machine. These, based on his previous experiences, may be classified as good, bad or neutral. The observer tends to repeat the good ones, avoid the bad ones and ignore the neutral ones. Repeating or keeping good experiences generates happiness, and not obtaining or losing the good ones causes suffering.

The desire to always keep experiencing good emotions is known as an attachment (see glossary), and this attachment to the better emotions generates suffering when we don't get them.

The Warrior of Shadows will Never Be Happy

Our tridimensional universe is the realm of the Warrior of Shadows, where the laws of time and space apply. In

this universe, the laws of thermodynamics place the process of matter into a continuous flux of matter to energy, and every physical structure separates into its components due to its entropy (see glossary). That is when we see deterioration, aging, and oxidation. This creates insecurity or fear in the observer, due to the changing or cyclic nature of the universe, augmented by the lack of control in the avoidance all of these changes.

This insecurity and the attachment to good experiences generates suffering in the Warriors inhabiting this realm. If we amplify the experience with the subjectivity of every observer as to what is good or bad, we will realize why the Warriors in this realm disagree so much.

The Origin of the Suffering of the Warrior of Shadows

The Warrior who does not understand where he comes from and who he feels lost in an unending battle with time and change that he has created with his habits. He also suffers a disagreement with other beings regarding what happiness is.

Living, if we go about it with selfishness and lack of awareness of our interdependence with the universal laws and other people, turns into a nightmare of suffering, with brief moments of happiness.

We can finish the chapter understanding that the origin of the Warrior's battles is selfishness and competition

for power, to obtain that which grants us pleasure and the capacity to preserve it.

Homework

Exercises to find the universe's invisible matrix that reflects our mind-mirror.

1. Let's observe everything that surrounds us with our five senses, like the image in a mirror. Can we see, smell, feel, hear and taste everything that we know exists? We are aware we can't. Let's think about the things we know exist but can't perceive. Have we ever seen the wind that moves the tree's branches? Has anyone seen or felt X-rays when they're taken, or seen or felt the infinite emissions of the sun's rays, which bombard us and pierce our bodies? Have we ever seen the incessant thoughts that our minds generate? Can anyone tell us precisely where the mind is and describe its configuration? Can anyone see and locate where our emotions happen? Do we see all of the millions of microscopic and submicroscopic organisms that live throughout the surface of our bodies? Gazing at the body from the outside, we can't see all the types of cells that constitute all of our organs. No one doubts most of these things, but no one has ever seen them without special instruments.

2. These simple observations make us realize that not everything that exists is perceivable and that perceivable things are not the only ones that exist. Are you already finding where the rest of the universe is?
3. Observe your image in the mirror and take note of all you see without judging and seek its origin. Visualize everything you think, see, smell, touch, savor or hear as reflections of your mirror-mind. Observe how your image changes as you recall disagreeable and pleasant events in your past. Try to see or hear the electrical currents that the nerve conduction of those thoughts creates. Feel the surface of your body and that of objects surrounding you. Observe their texture, solidity, and elasticity. See your hands and understand that they are made of muscular tissue, cartilage and bone, which in turn is composed of invisible cells, of molecules and organic compounds and, in the last instance, is made out of invisible subatomic particles.
4. All of the other parts of your body are made up of the same elementary particles - atoms. But why do we see them so differently? How did we learn to differentiate our universe? Are the names granted to these attributes the same in every language? Observe how, during your lives, your actions have influenced other persons, and other persons' have influenced your own.

5. Finally, meditate in silence about what you have observed and answer yourselves: Where's my visible me or individuality? Where's my invisible part? Where is what suffers and loves? Observe if there are changes in your image in the mirror. If you find it, send me an e-mail and tell me where you found it!

Bonus Questions

1. Why is it suggested in this chapter that learning is only remembering what we have forgotten?
2. What would seem to be the purpose of the Warrior of Light's voyage?
3. What is the reason, if any, for experiencing suffering?
4. Why can't light and shadow live without one another?
5. How can we recognize the enemy in our battlefield?

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