

5 STAR Review from Dr. David Baltimore

A valuable resource for Chronic Fatigue sufferers!

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Verified Purchase

Having a friend with CFS, I have witnessed her struggle, over more than a decade, with the traditional orthodox medical approach - they have been little to no help to her at all. Her deep dives in alternative and complementary healthcare have provided more relief. She has yet to go to a good homeopath, and I am suggesting to her that she take this book to a homeopath and get to work!

This book focuses on the homeopathic treatment of CFS, and what a powerhouse of information it holds. It is clear, concise, well laid out, easy to read and understand, and chock full of links and resources.

As for the naysayers of homeopathy, they (loudly) claim that high dilutions of a homeopathic remedy have no molecules left of the of the original substance. Ms Solomon's section on "Homeopathy and Research" addresses that point. She presents several recent pieces of research that confirm there ARE nanoparticles (1 part per billion) present in 30c potencies of remedies, and higher. This quote from the book sums it up: "Dogs can smell substances in parts per billion or even trillion.

This is verifiable science and what the legal world calls 'Back Letter Law.' If animals can detect a substance in such small quantities, why is inconceivable that the human immune system can detect a substance even in great dilution?"

If you have CFS or know someone with the illness, you really should check out this book.