A deep and thoughtful read

By Obsessive eBook Reviewer - August 13, 2015

**I was given a free copy of this e-book in exchange for a fair and honest review **

50! The Life, Loves and Psyche of a Male Mid-Life Crisis is a story of human life, of our interactions, emotions, successes and failures. At times it is poignant, at times it is charming. Standby shares anecdotes from his life, he offers his thoughts and opinions, he is honest about the times he was stupid, and shares the wisdom that experience has given him. It is a personal and honest book in which we get to hear about girlfriends, marriage, family issues and so on. The book is never dull, and is well-written throughout. The grammar is to a professional standard, the narrative is easy to follow, and it feels like Standby is sitting in the room recollecting his trials and tribulations as though talking to an old friend.

Perhaps the most powerful aspect of this book is when the author shares deeply personal moments such as bereavement; rather than be depressing, it is engaging and thought-provoking, thanks to Standby's good writing.

I would say this book is perhaps not for everyone; if you want action and excitement look elsewhere. But if you want a deep and thoughtful read that will touch you emotionally, check this out.